

Suggested List of Items to Bring to Camp

IMPORTANT!!

- Medications & any medical supplies needed (enough for your entire stay)

Clothing items:

- Comfortable, casual clothing
- T-shirts and sweatshirts
- Jeans/long pants and shorts
- Swimsuit (for the hot tub)
- Active wear (for fitness classes)
- Pajamas
- Baseball cap or sun hat
- Jacket
- Raincoat/umbrella
- Sunglasses
- Sneakers or Closed-toe shoes

Toiletries/Personal items:

- Personal toiletries (shampoo, soap, tooth brush/tooth paste, hair dryer/hot irons, brush, cosmetics)
- Ear plugs, sleep/noise cancelling headphones
- Camera/Phone and chargers (*cell phones are turned in at minor-age camp sessions*)
- Book light/headlamp (if you're a late night reader)

Special (optional)

- Theme night costume, accessory, props
- Banquet Night Attire (casual or dressy)
- Auction or Raffle items (*these take place at the Women's & Ovarian Retreats only*)
- Cash, check, credit card, payment app for any purchases in the Camp store (& on travel days)

*Bed linens, pillows, towels, hand sanitizer, sunscreen and bug spray are provided by Camp

What NOT to bring to Camp

- Pets
- Expensive jewelry, electronics or watches
- Alcohol, cigarettes, e-cigarettes, marijuana products, matches, lighters, illegal drugs
- Knives, firearms or other weapons, fireworks

If any of these items are brought to Camp, they will be taken and kept in the camp office until departure day. If weapons, alcohol or illegal drugs are brought to Camp, you may not be permitted to stay for the session.