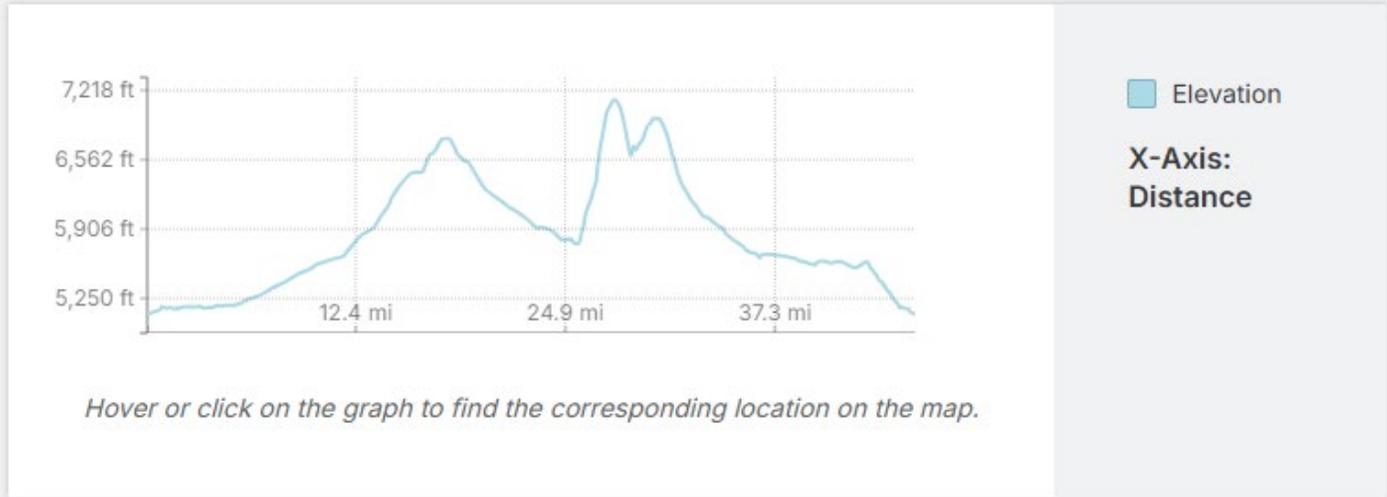


# RATPOD 2025 - 45 mi. Loop



## STATS



45.7 mi  
Distance



-  
Moving Time



-  
Pace

-  
Total Time

-  
Stopped Time

-  
Moving Speed

-  
Avg Speed

3,886 ft  
Ascent

3,887 ft  
Descent